

Have a plan for reading the Bible¹

Evangelistic Newsletter

Reading the Bible with meaning 2017

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I am many a times asked, how to read the Bible that it has meaning. To acquire this skill needs time and a person's willingness to be silent. A DIY method of reading the scriptures for personal meaning is Lectio Divina (NZCBC, 2011).

Some guidance... don't be scared this is the **Word of God**.

Get a **quiet place** where you will not be disturbed for a few moments (1-2 minutes and relax)

Remember that we are always in the **presence of God**...

Choose a **short text**, to start off... if you are attempting this the first few times, maybe a reading from the **Psalms or the Gospels**.

Read the passage **slowly once**...

Read it a **second time even more slowly**.....if a **word or phrase** stand out, make a note of it...

Reflect on this word or phrase and let the **Holy Spirit** direct your thoughts...

Allow your **heart to open and speak to the God** inspired by this word or passage or the thoughts that have come with this phrase or word...

Allow yourself **to remain relaxed** in **the presence of God** and contemplate what you have experienced.

God bless, Nag Ou Grote, Fluit-Fluit, my storie is uit.

Br Theo PhD

References

NZCBC (2010). *Lectio Divina* Pamphlet. Wellington: Authors

